

# Diabetes Group Visit - SOAP

Patient Name \_\_\_\_\_  
 PCP \_\_\_\_\_

DOB \_\_\_\_\_  
 Date \_\_\_\_\_

**S: Patient to Complete**

1. What exercises do you do?  
 Type \_\_\_\_\_ How often \_\_\_\_\_ How long \_\_\_\_\_
2. How often do you eat the following?
 

	<u>Never</u>				<u>Always</u>
a. 5 servings of fruit/vegs. a day	1	2	3	4	5
b. Low fat foods	1	2	3	4	5
c. Moderate sized portions	1	2	3	4	5
d. 3 meals a day with healthy snacks	1	2	3	4	5
3. How much stress are you under?
 

	<u>Low</u>				<u>High</u>
	1	2	3	4	5
4. How satisfied are you with the progress you are making in treating your diabetes?
 

	<u>Unsatisfied</u>				<u>Satisfied</u>
	1	2	3	4	5
5. Have you quit smoking?     Yes     No     N/A    If not, how many packs per day? \_\_\_\_\_
6. Do you drink alcohol?         Yes     No            If so, how much do you drink? \_\_\_\_\_
7. What are your blood sugars?    Before breakfast \_\_\_\_\_    2 hours after dinner \_\_\_\_\_  
 How often do you check? \_\_\_\_\_
8. Do you check your feet every day?                     Yes     No

**O: Chart Review (Provider to Complete)**

Medications	Goal/Result/Date <u>(most recent)</u>	Today's Data
<input type="radio"/> _____	BP = (<130/80) _____	Wt: _____
<input type="radio"/> _____	BMI = (<27) _____	Ht: _____
<input type="radio"/> _____	HbA1C = (<8%) _____	BMI: _____
<input type="radio"/> _____	HDL/LDL = (>45/<100) _____	BP: _____
<input type="radio"/> _____	Microalb. = (<35) _____	HR: _____
<input type="radio"/> _____	BUN/Crt. = _____	<b><u>Foot Exam Score: (Circle)</u></b>
<input type="radio"/> _____	Foot exam (risk) = _____	Left 0 1 2 3
<input type="radio"/> _____	Eye exam = _____	Right 0 1 2 3
<b>Allergies:</b> _____		

Immunizations UTD?:    Tetanus  Yes     No            Flu  Yes     No            Pneumo  Yes     No

**A: 1.) Diabetes Mellitus, Type 2    2.) \_\_\_\_\_    3.) \_\_\_\_\_**

**P: Chart Review/Visit Complete. Recommendations: (Labs, meds, referrals, other...)**


SMG Set?  Yes     No (See CDEMS)

Resident \_\_\_\_\_ Faculty \_\_\_\_\_