

PRESCRIPTION FOR HEALTH DIABETES PROJECT
OPEN DOOR HEALTH CENTER
Homestead, Florida

COMMUNITY HEALTH WORKERS
ROLES & RESPONSIBILITIES

1. Bridging/Cultural Mediation Between Patient and Clinic/Project Staff
 - Gather information for providers.
 - Inform providers of community and patients' needs.
 - Translate literal and medical languages for patients and their families.

2. Assist in providing Culturally Appropriate Diabetes Education and Information
 - Teach concepts of health promotion and disease prevention.
 - Help adults with Diabetes Type 2 and their families to effectively manage their disease.
 - Assist in developing educational materials.

3. Assuring that people get the services they need.
 - Identify "new" adult patients with Diabetes Type 2.
 - Assist potential patients in completion of project consent forms.
 - Follow-up of assigned patients.

4. Facilitate social support.
 - Provide peer support for patients enrolled in diabetes project, and their families.
 - Assist in facilitating diabetes support groups at the clinic.

5. Building Individual and Community Capacity
 - Help patients to protect and improve their health through education and empowerment.
 - Help patients and their families to identify and work around barriers to patients' self management of their diabetes.
 - Work with other CHWs to build community capacity by increasing awareness of needs within the community.

**PRESCRIPTION FOR HEALTH DIABETES PROJECT
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**COMMUNITY HEALTH WORKERS
SKILLS & QUALITIES**

***Skills - “abilities gained through study or practice”**

1. Communication –
 - Ability to read and write in English, (and Spanish or Creole, where applicable).
 - Good listening skills.
 - Uses language confidently and appropriately.
 - Ability to keep all patient information confidential.

2. Interpersonal Skills –
 - Friendliness towards others
 - Ability to work as part of a team
 - Ability to work appropriately with diverse groups of people.

3. Knowledge Base –
 - Broad knowledge about the community
 - Knowledge about diabetes
 - Ability to find information the CHW does not know the answer to
 - Knowledge of ODHC service systems and resources

4. Capacity-Building Skills
 - Ability to identify problems and resources to help clients solve problems themselves.
 - Possess leadership skills

5. Advocacy Skills
 - Ability to speak up for individuals or the local community.

6. Teaching Skills
 - Ability to share information one-on-one or in a group setting
 - Ability to understand diabetes information; assist in planning and facilitating support groups/classes, and collect information from clinic patients and people in the community.

7. Organizational Skills
 - Ability to set goals and plan
 - Ability to set priorities and manage time effectively.

***Qualities** - “personal characteristics or traits that can be enhanced but not taught”

An adult ODHC clinic patient with Diabetes Type 2, who has a means of transportation available to them.

1. A member of the local community
2. Creative/resourceful
3. Friendly/outgoing/sociable.
4. Patient.
5. Open-minded, non-judgemental
6. Motivated and capable of self-directed work
7. Caring
8. Empathetic
9. Committed
10. Respectful
11. Honest
12. Open to grow/change/learn
13. Dependable/responsible/reliable
14. Compassionate
15. Flexible/adaptable
16. Desires to help the community
17. Persistent
18. Positive Role Model

In addition, the CHW needs to be:

19. Viewed as a leader by their peers.
20. Flexible with hours