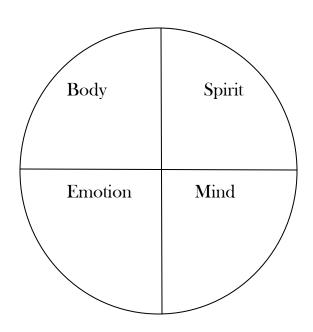# Holistic Programming Evaluation Tool

1. Gather community information

Through meetings, circle discussions, sharing of testimonials: identify barriers to providing your particular service (we identified barriers to diabetes self-management). Classify each identified barrier into one of the corresponding sections of the circle.

Barriers-

_____

_____

_____

_____

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        Body      Spirit


       Emotion    Mind
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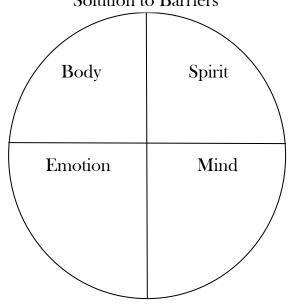
2. Evaluate your circle

What does your circle look like? Are any sections empty? An empty section does not mean that there are no barriers in that section. It may identify a lack of attention or thought. Go back to step one and continue discussions with the thought of the empty section. Complete your circle with any new information gathered.

3. Identify Visions/Solutions

Have your community group identify solutions for each of the barriers identified in step one. Provide everyone with a circle of the identified barriers and a new circle to identify corresponding solutions. This is a brainstorming session; avoid evaluating the ideas and don't let budget limit your ideas. The goal is to gather all of the ideas and consolidate them into the circle.

Solution to Barriers

Body	Spirit
Emotion	Mind

4. Conduct a community assessment of resources

To avoid duplication of efforts, determine what resources are currently available that match your identified solutions. Are these resources being utilized fully? Are there opportunities for partnerships that will promote the greater use of these resources? Include these resources in your circle of solutions.

5. Rank your solutions

Have open discussions about the solutions and resources listed; provide clarification, refine, consolidate similar ideas and evaluate placement within the circle. Next, rank the solutions within each section to determine the top three or four priorities.

6. Choosing solutions

Determine what it would cost (include staff time in your calculations) to develop each solution. Place that information alongside the corresponding solution. Also, provide the overall budget amount available for programming. Choose solutions from each section to provide holistic as well as budgetary balance.

7. Develop your programming from the solutions identified

You now have your foundation. The next step is to take action. Allocate your funds and design your new programming Develop partnerships to help you offset the cost and which promote existing community resources. You will then have developed a program that is holistic and appropriate to the community you serve. The community group will feel validated for all their work and they will feel a sense of ownership for the program.