## Medical Assistant Self-Management Cycle Check off List

Medical Assistant: \_\_\_\_\_ Date: \_\_\_\_\_

TASK	REVIEWED	PERFORMED	COMPETENT
Initial Phone Call:			
Introduced Planned Visit Introduced Idea of Self-Management Scheduled appointment with PCP for Follow- up.			
Planned Visit:			
Standing Order Form (PCP to sign first) Vitals Foot checks Labs Referrals Immunizations Set Self-Management Goal Give Example: What : Where: How Long: When: Score: Call Back Card done			
Data Input-CDEMS			
Provider Visit Form			
Data Input See copy of Provider Visit Form Input new goals Medication changes			
Two Week Call Back Check on patient's goals Redefine, Change, & Encourage patient to continue with goal			

Reviewed & completed by: \_\_\_\_\_

This product was developed by the Providence St. Peter Family Medicine Residency Program at Providence St. Peter Family Medicine in Olymia, WA with support in Princeton, NJ.