

**Medical Assistant Confidence Level – A Survey**  
**St Peter Family Practice Residency Program**  
**Robert Wood Johnson Grant on Patient Self-Management**

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

When talking with patients who have diabetes: (1=NO comfort – 7=EXTREMELY comfortable)

- 1) How comfortable are you asking questions about diabetes?  
1    2    3    4    5    6    7
- 2) How comfortable are you answering those questions?  
1    2    3    4    5    6    7
- 3) How comfortable are you checking a patient's feet with a monofilament?  
1    2    3    4    5    6    7
- 4) How comfortable are you talking about how physically active a patient is (exercise)?  
1    2    3    4    5    6    7
- 5) How comfortable are you talking about a patient's food choices (diet)?  
1    2    3    4    5    6    7
- 6) How comfortable are you talking about meal planning and reading food labels?  
1    2    3    4    5    6    7
- 7) How comfortable are you discussing blood sugar readings?  
1    2    3    4    5    6    7
- 8) How comfortable are you discussing diabetes medications?  
1    2    3    4    5    6    7
- 9) How comfortable are you helping a patient set a self-management goal?  
1    2    3    4    5    6    7
- 10) How comfortable are you calling a patient to invite them to a planned visit?  
1    2    3    4    5    6    7
- 11) How comfortable are you doing a planned visit with a patient  
1    2    3    4    5    6    7
- 12) How comfortable are you running a diabetes group visit with one of the providers?  
1    2    3    4    5    6    7
- 13) How comfortable are you calling a patient by phone to review and either change or add to their self-management goal?  
1    2    3    4    5    6    7
- 14) How comfortable are you listening and understanding what makes a patient with diabetes stressed?  
1    2    3    4    5    6    7
- 15) How comfortable are you talking to a provider about their diabetic patients?  
1    2    3    4    5    6    7
- 16) How comfortable are you working with a provider who wants their patient's to have planned visits?  
1    2    3    4    5    6    7
- 17) How comfortable are you working with a provider who wants their patient's to come to a group visit?  
1    2    3    4    5    6    7

