

**AGENDA**  
**Collaborative Learning Network Meeting #5**  
Wednesday, April 6 – Thursday, April 7, 2005  
Adam's Mark Hotel Saint Louis, MO

*All meeting activities will be held in **Promenade Ballroom E** unless otherwise noted on the agenda.  
Please note that the hotel checkout time is 12 noon. Late checkout is available upon request of the hotel.*

**Overall Meeting Objects**

- Presentation and discussion of Core Topics: 1) Emotional Health and 2) Physical Activity
- Learning from each other in key areas
- ADSM and BCS “tracks” to address issues unique to each group

**DAY 1: Wednesday, April 6, 2005**

**7:30am – 8:30am      Breakfast**

**8:30am – 9:00am      Welcome and Introductory Remarks**

**9:00am – 10:15am    Overview of Diabetes and Emotional Health**  
**Evette Ludman, PhD, Group Health Cooperative**

**Healthy Coping Skills**  
**Virginia Williams, PhD, Williams LifeSkills, Inc.**

-- Sharing/ Discussion

**10:15am – 10:45am    *Stretch and refreshment break – Outside Promenade Ballroom E***

**10:45am – 11:30am    Depression Groups Discussions**

**Depression and Primary Care Discussion – *Promenade Ballroom F***

- Current Status of Manuscript
- Identification of brief Shared Evaluation Protocol

**Lay Health Workers and Emotional Health Discussion : next steps**

- Development of a “Toolbox”
- Moving Abstracts to Papers

**11:30am – Noon      Report to Whole Group: Depression Groups Discussions**

**Noon- 1:30pm      Lunch and Networking – *Promenade Ballroom F***

**1:30pm – 2:15pm    Physical Activity Part I**  
**Physical Activity and Diabetes – Individual Approaches**  
**Mary L. O'Toole, PhD, Diabetes Initiative National Program Office**

**Physical Activity Part II**  
**Physical Activity Promotion – What is the Evidence?**  
**Gregory W. Heath, DHSc, MPH, Centers for Disease Control and Prevention**

-- Sharing/ Discussion  
-- Planned Improvement Cycle

- 3:30pm – 4:00pm**     *Stretch and refreshment break – Outside Promenade Ballroom E*
- 4:00pm – 5:00pm**     **“In the Spotlight” Presentations**
- **Bridging the Gap Between the Medical Community and Public Health**  
**Lisa Aisenbrey, RD, and Tanya Rudicil, BS**, Richland County Health Department
  - **Medical Group Visit - A Team Approach to Promote Self-Management**  
**Sally Hurst, BA**, Department of Family and Community Health/ Marshall University School of Medicine
  - **What is Your Way? Taking Diabetes Education to the People**  
**Bette Cowan, RN and Darlene Cass, RN**, Galveston County Health District
- Brief Announcements
- 5:00pm – 5:30pm**     **Evaluation – RTI**
- 6:30pm**                 **Group Dinner – Faust Restaurant, ground level in the Adam’s Mark Hotel**

**DAY 2: Thursday, April 7, 2004**

**7:30am – 8:30am**    **Breakfast** – *Outside Promenade Ballroom E*

**Optional Breakout: Breakfast with Virginia Williams, PhD** to learn more about LifeSkills, Inc. training and materials – *Promenade Ballroom F*

**8:30am – 10:30am**    **ADSM and BCS Breakouts**

**ADSM Breakout:** Report of ORSSM Tool Pilot, Next Steps

**BCS Breakout:** Linkages with Clinical Partners/ Attributing Outcomes to Partnerships – *Director's Row 23*

**10:30am – 11:00am**    *Stretch and refreshment break – Outside Promenade Ballroom E*

**11:00am – Noon**    **Ongoing Follow up and Support – Ed Fisher**

**Noon – 1:30pm**    **Lunch and Networking** – *Promenade Ballroom F*  
*RTI will be available at one table for further discussion opportunities*

**1:30pm – 2:15pm**    **Dissemination Strategies/ Strategic Communications**

**Fleishman Hillard Presentation: Overview of What Strategic Communication Can and Cannot Do**  
**Ellen Rostand**, Fleishman Hillard, Inc.

-- Sharing/ Discussion

**2:15pm – 2:45pm**    **New business**

- Grantee Representative on Publications Committee
- Grantee Ideas for Meeting Priorities for Remaining 3 Meetings

**2:45pm – 3:00pm**    **Closing Remarks, Reminders, and Adjournment**

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***The next meeting will be the Annual Meeting on October 19-20, 2005 in Providence, RI***