

Self Management: Keystone to Quality Diabetes Care

The Robert Wood Johnson Foundation Diabetes Initiative
1st Annual Meeting Agenda
Keystone Conference Center
Keystone, Colorado

DAY 1

Thursday July 31, 2003

Keystone Conference Center

7:30am—8:15am	Breakfast
8:15am—8:30am	Colorado Welcome --Grant Jones, Shelia Mitchell, & Lucille Johnson Metro Denver Black Church Initiative
8:30am—9:00am	Meeting Introduction and Overview of Diabetes Initiative: --Ed Fisher, Terry Bazzarre, & Anne Weiss
9:00am—10:00am	Update/Overview: Diabetes Care and Self Management <i>What's New In Diabetes</i> --Speaker: Martha Funnell University of Michigan --Discussion
10:00am—10:30am	Break
10:30am—11:30am	Update/Overview: Diet and Diabetes Self Management <i>Special Nutritional Needs In Diabetes</i> --Speaker: Judy Wylie-Rosett Albert Einstein College of Medicine, Bronx --Discussion
11:30am—1:15pm	Lunch
1:15pm—2:15pm	Update/Overview: Physical Activity and Diabetes Self Management <i>Preventing Diabetes in Community Settings: Evidence-Based Interventions to Promote Physical Activity</i> -- Speaker: Ross Brownson Saint Louis University School of Public Health --Discussion
2:15pm—2:30pm	Break

Day 1 continued—

- 2:30pm—3:30pm Roundtables; Repeated (25 minutes each)
- Project DIRECT: Evolution of a Concept —LaVerne Reid
--*General Session Room*
 - Program Sustainability—Terry Bazzarre & Anne Weiss
--*General Session Room*
 - “Small Steps. Big Rewards.”
Your GAMEPLAN for Preventing Type 2 Diabetes—Joanne Gallivan
--*Torreys Peak Room II*
 - How to Teach Peer Coaches to use the Stages of Change –Gabe Highstein
--*Torreys Peak Room III*
- 3:30pm—4:30pm Evaluation Overview
--Speakers: Doug Kamerow, Joe Burton, & Lucy Savitz
RTI International
- 4:30pm Adjourn

DAY 2

Friday August 1, 2003
Keystone Conference Center

- 8:00am-9:00am Breakfast: *General Session Room*
- NAC Breakfast Meeting in *Torreys Peak Room II*
Chair, Ron Aubert
- 9:00am—9:30am Workgroup/Discussion: Integrated Self Management in Primary Care: Assessing Organizational Capacity for High Quality Service and Care
- Facilitator: Trish Fazzone
- Panelists: Joan Christison-Lagay—Community Health Center
Richard Crespo—Marshall Univ., Dept. of Family and Comm. Health
Lucy Garcia—Gateway Community Health Center
Dawn Heffernan—Holyoke Health Center
Claire Horton—La Clinica de la Raza
Sally Neuner—Holyoke Health Center
Joan Thompson—La Clinica de la Raza
Joe Wall—Providence St. Peter Family Practice Residency
- 9:30am—10:30am Promotora/LHW/Coaches Panel Discussion
- Facilitator: Aracely Rosales
Rosales Communications
- Panelists: Floribella Redondo—Campesinos Sin Fronteras
Lourdes Rangel—Gateway Community Health Center
Cassandra Hernandez-Vives— La Clinica de La Raza
- 10:30am—10:45am Break

10:45am—11:30am	Social Support and Peer Based Intervention in Self Management --Speaker: Ed Fisher Division of Health Behavior Research Washington University School of Medicine --Discussion
11:30am—12:00pm	Workgroup/Discussion: Social Support in Diabetes Self Management --Facilitators: Carol Brownson Andrea Deen
12:00pm—1:00pm	Lunch
1:00pm—2:15pm	Evaluation Q & A: RTI Team and Grantees
2:15pm —2:45pm	What's Next: Discussion with RWJF Program Officers
2:45pm—3:00pm	Closing Comments and Meeting Evaluation
3:00pm	Adjourn