

# *Self Management: Sailing to Success*

**Annual Meeting #3 Agenda  
October 18-20, 2005, Providence, Rhode Island**

*All meeting activities will be held in the GRAND BALLROOM unless otherwise noted on the agenda*

## **Meeting Objectives**

- **Enhance participant skills in use of program findings for strategic purposes**
- **Create opportunities for learning from each other**
- **Increase awareness of national diabetes programs, policies and priorities**
- **Increase awareness of nonsmoking as central to diabetes management**
- **Provide Diabetes Initiative, RWJF, and RTI updates**

## **Day 1: Tuesday, October 18, 2005**

**5:00 – 7:00 pm**            **Poster Viewing & Networking**  
Topic – RSSM exemplars: Each project to feature one aspect of RSSM that is a strength or represents a major improvement under the grant

## **Day 2: Wednesday, October 19, 2005**

**7:30 – 8:30 am**            **Breakfast** – Grand Ballroom Foyer

**8:30- 8:45 am**            **Welcome/ Meeting Orientation** – National Program Office

**8:45 – 9:15 am**            **Discussion Series: Shining a Light on Your Successes**  
**Strategic Communications**  
Beverly Schwartz, MS, Ashoka: Innovators for the Public

**9:15 – 9:45 am**            **Working With Your Policy Makers**  
Representative Sean Faircloth, House of Representatives (Bangor, Maine)

**9:45 – 10:15 am**        -- **Q & A and PIC**

**10:15 – 10:45 am**        **Break and Networking** – Grand Ballroom Foyer

**10:45 – 11:15 am**        -- **Report Back on PIC**

**11:15 am – 12:15**        **Sustainability – Questions, Issues, and Exercises**  
Russell E. Glasgow, PhD, Kaiser Permanente Colorado and National Advisory Committee

-- **Facilitated Discussion**

**12:15 – 1:30 pm**        **Lunch and Networking** – L'Apogee 18

- 1:30 – 2:00 pm**      **“In the Spotlight” Grantee Presentation**
- **A New Approach to Promoting Self Management in Diabetics with Depression**  
Daren Anderson, MD, Community Health Center, Inc.
- Q & A
- 2:00 – 3:15 pm**      **Panel Discussion: The Diabetes National Scene – Key Players/ Key Priorities**  
**Moderator:** Ed Fisher, PhD, National Program Office
- **Christopher E. Laxton and Malinda Peeples, MS, RN, CDE**  
Chief Executive Officer and President  
American Association of Diabetes Educators
  - **Dara L. Murphy, MPH**  
Chief, Program Development Branch, Division of Diabetes Translation  
Centers for Disease Control and Prevention
  - **Ann Albright, PhD, RD**  
Program Chief, California Diabetes Program, Department of Health Services  
University of California at San Francisco
- Discussion
- 3:15 – 3:45 pm**      **Break and Networking** – Grand Ballroom Foyer
- 3:45 – 4:15 pm**      **“In the Spotlight” Grantee Presentation**  
Montana-Wyoming Tribal Leaders Council
- Q & A
- 4:15 – 5:15 pm**      **Cross Site Evaluation** – RTI International Update
- 6:30 pm**              **Group Dinner – Neath’s Restaurant**  
(262 S. Water Street, 0.7 miles from hotel, *see directions provided*)

**Day 3: Thursday, October 20, 2005**

- 7:30 – 8:30 am**      **Breakfast** – Grand Ballroom Foyer  
(7:45 – 8:30 am, Optional Informal breakfast discussion of next steps for "Follow Up and Support for Ongoing Engagement in Diabetes Management") – Grand Ballroom
- 8:30 – 9:00 am**      **A Word From Our Sponsor – RWJF News/ Updates/ New priorities**  
Anne Weiss, MPP, Robert Wood Johnson Foundation
- 9:00 – 10:00 am**      **Medicare: Controlling the Eight Hundred Pound Gorilla**  
Ronald E. Aubert, MSPH, PhD, MedcoHealth Solutions and National Advisory Committee Chairman
- 10:00 – 10:30 am**      **Break and Networking** – Grand Ballroom Foyer
- 10:30 – 11:45 am**      **Promoting Nonsmoking: A Central Part of Diabetes Management**  
Ed Fisher, PhD, National Program Office  
  
-- PIC and Discussion
- 11:45 am – 1:00 pm**      **Lunch and Networking** – L’Apogee 18
- 1:00 – 1:30 pm**      **“In the Spotlight” Grantee Presentation**  
• **The Strength Within: Support Groups and Group Appointments**  
Nilda Soto, MD, Lucie Dlugasch, ARNP-BC, MSN and Laura Bazylar, MS, RD, LD/N, Open Door Health Center  
  
-- Q & A
- 1:30 – 2:30 pm**      **Supervising Volunteers: A Crash Course**  
Kelly Nevins, The Volunteer Center of Rhode Island  
  
-- Discussion
- 2:30 – 3:30 pm**      **Workgroup and NPO Updates**
- 3:30 – 4:00 pm**      **Wrap up** – Ronald E. Aubert, PhD, MSPH, National Advisory Committee Chairman
- 4:00 pm**              **Adjourn**

*See you in St. Louis for the next  
Collaborative Learning Network-- April 5 - 6, 2006*