

# Esta semana haré:

This product was developed by the Galveston: Take Action project at the Galveston County Health District in Texas City, TX. Support for this product was provided by a grant from the Robert Wood Johnson Foundation® in Princeton, New Jersey.

\_\_\_\_\_ (qué)

\_\_\_\_\_ (cuánto)

\_\_\_\_\_ (cuánto)

\_\_\_\_\_ (con qué frecuencia)

¿Cuán seguro está de que puede hacer su plan?

Punteo: \_\_\_\_

0 1 2 3 4 5 6 7 8 9 10